

George Khuplianmang Thangsing is a PhD candidate (*Psychology - Full Time*). His research interest and work are centred around Health psychology, mental health and tribal/ Indigenous communities, and he works under Dr. Bidisha Banerjee.

He is a practising counselling psychologist (*REBT & CBT*) and a certified Hypnotherapist (Trained under Dr. Jini K. Gopinath). He received his Bachelor's in triple major (Journalism, Psychology and English) from Bangalore University and an MSc in Psychological counselling (Specialised) from the Indian Institute of Psychology and Research, Bangalore. He enjoys performing Standup comedy, has a passion for mixology, and hopes to pursue them one day if the stars align.

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